



PATROLLERS NEWS

A monthly newsletter brought to you by Kawartha Zone , Canadian Ski Patrol

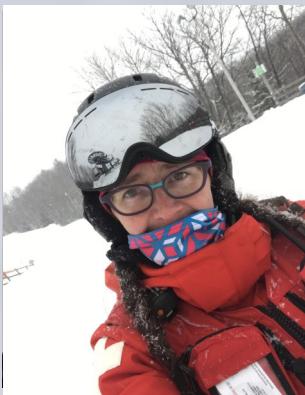
VOLUME 14, ISSUE 7.

DECEMBER 23, 2020.

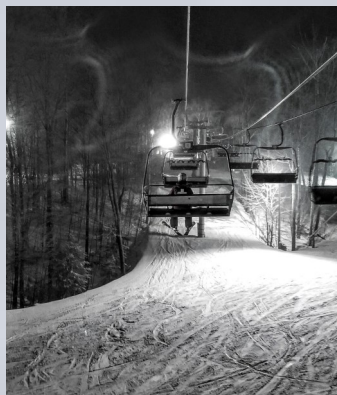
Top stories in this Newsletter:



President's Message



Zone Updates



Hill Happenings



Shari's Safety Tips

Hi everyone,

After gigantic amounts of work and effort, all members and partners of the Ski industry have done their very best to ensure a safe and enjoyable ski season for everyone. The snow has been made, the runs have been groomed and all the Covid-19 protocols are in place. Dagmar, Lakeridge and Brimacombe are now welcoming skiers and snowboarders to enjoy much needed fun on the slopes. Kawartha Nordic will open as soon as Mother Nature gifts them enough snow to groom their trails.

I must remind everyone that in Ontario, all Patrollers are restricted to their assigned Ski Resort for the time being. This also means that I and my executive will also be restricted to our hills and will unfortunately not be able to visit the other resorts in the Zone.

My Executive and I wish you all a very safe, happy and Merry Christmas and the very best for a Happy New Year.

Tim Legere KZ President



PATROLLERS NEWS

A monthly newsletter brought to you by Kawartha Zone , Canadian Ski Patrol

Hill Happenings

Kawartha Nordic—Unfortunately, there is a lack of snow on the ground, but anticipation for January 2nd opening, depending on the weather and conditions. There are many preparations still happening at the club to ensure safety for all. The other concerns are the social climate and how a change of health status for the area may affect the Nordic scene. Happy holidays to all, stay safe and healthy!

Brimacombe—The Patrol Leaders have been working hard with Brimacombe management over the past several months to create a safe experience for patrollers and the public. The patrol hut “Magees” will only be used for first aid treatment and a tent will be set up close to Magees to handle minor injuries. As well, the “Super 8” trailer at the top of the hill will be available as a warming area for Brim patrollers when required. A virtual patrol meeting was held this week with a great turnout, and information on policies and protocols was shared. The new schedule has worked out well with the creation of “bubbles” with 8 patrollers in each four shifts. This change will reduce the amount of contact between patrollers and any possible cross-contamination. Kudos to Tim McKenna on the work he has put into making this schedule work for everyone. We are pleased that we have 40 dedicated patrollers returning for this difficult season. Stephen Fisher has announced that this, his 5th season as Patrol Leader, will be his last as PL (he’s not handing in his jacket!), and Gary Collins will be stepping up as Patrol Leader in 2021. “Many skills, One Team. That’s how and why it Works!” We wish everyone a safe and happy holiday season.

Lakeridge - Preparations for opening weekend continued up to last week, creating a “two tier” support system. First tier for minor first aid treatment is located in a tent outside the patrol hut with a heater, then the second tier being the “clean room” treatment area in the patrol hut. Thank you to all the helpers, and led by John, Glen and Chris. A great PowerPoint presentation was done to ensure all patrollers were up to date on protocols and procedures.

Opening day brought a surge of snow enthusiasts with a few runs open, which shows great promise for the season. It was great to see our dedicated and eager patrollers returning.

Dagmar—Dagmar is set to open this weekend (Dec 18th), and there have been record numbers of memberships sold this season, that may create the need to cut off attendance in order to conform with COVID safety measures! The patrol hut has been changed to be more COVID compatible and PPE is ready for use. Many changes have been made, and there will be challenges for the patrol but everyone is working together and ready to work things out as needed. Paid and volunteer patrollers have been working closely with each other to work on challenges and changes that are foreseeable, and there are likely to be more that arise. Dagmar patrollers are ready and anxious to get out on the hill.

CSP Stormtech Logo'd Masks

Our President Tim Legere, has had 200 masks designed and ordered for our Kawartha zone patrollers.

These masks are Nano-Tech face masks. Feature 3-layer construction. Great for Outdoor Use & High Output Activities. One will be given n/c to each patroller in our Kawartha Zone.

50 will be held back and sold on our E-store. If anyone wants to purchase additional mask's, please see our Kawartha Web Site:

[CSPKawarthaZone \(myeshop.ca\)](https://myeshop.ca)





PATROLLERS NEWS

A monthly newsletter brought to you by Kawartha Zone , Canadian Ski Patrol

Retirement

John Potts – It is with deep sadness that we announce the retirement from patrolling of John Potts. John was most recently the patrol leader for the Kawartha Zone patrol, but for over 16 years previous he was the patrol leader for Devils Elbow, and patrolled for over 30 years! John organized and ran rookie courses, and recertification weekends for over 17 years, assisted at Field Days, and was always willing to go above and beyond to help anyone. John even decided to become a paramedic after joining the CSP. John has been a valuable member of Kawartha Zone and has been awarded for his many efforts.

Zone Awards

1989 Zone Special Award #123
1993 Veteran Award
1997 Zone Achievement Award #96
1998 Zone Appreciation Award #46
2010 Zone Patrol of the Year
2015 Eric Nystedt Humanitarian Award
2015 Zone Executive of the Year #30
2018 Zone Patrol of the Year

Division

2001 Ontario Division Appreciation #277
2008 20 Year Service Award
2013 25 Year Service Award

National

2004 National Appreciation Award #1388
2010 Canadian Ski Patroller Award #836

We will miss the smile, the helping hand and wonderful sense of humour at meetings and gatherings. We wish John all the best, and hope to see you on the hills still!





PATROLLERS NEWS

A monthly newsletter brought to you by Kawartha Zone , Canadian Ski Patrol

JACKET REMINDERS

This is a reminder that jackets are the property of the Kawartha Zone and need to be returned at the end of the season to the designated person for each hill. Last season was cut short and there may have not been the opportunity to return jackets as usual. Please ensure that this is followed through at the end of the 2020/21 season.

With the currently social climate, we also wanted to remind patrollers of how to clean and care for the jackets throughout the season. The following are cleaning instructions from the manufacturer.

- ◆ *Ensure zippers are closed, and Velcro areas are attached, as these can cause damage to the jacket.*
- ◆ *wash on delicate cycle in the clothes washer – Do NOT Dry clean. wash colour separately.*
- ◆ *always use a liquid detergent and without bleach.*
- ◆ *Do NOT use fabric softener.*
- ◆ *place jacket in the dryer for 15 mins at medium heat then hang to dry.*

- ◆ *to avoid colour issues, do not leave damp garments against each other.*

For regular maintenance, the jacket must be washed at the beginning and end of each season at a minimum. This will help to keep them looking clean and professional. If your jacket gets dirty during active duty, take the time to wash it immediately to prevent dirt and stain to become permanent.

The jacket is treated with a waterproofing from the manufacturer which should last 8-10 washings. If the jacket begins to soak up water (no longer waterproof), this could be due to dirt build up, as dirt attracts water and may mask the water repellency. To restore the water repellency, first try cleaning with a suitable cleaner, and if this is unsuccessful, you will need to apply a Durable Water Repellency (DWR), using a suitable water proofer after cleaning. The recommended waterproofing products are Nikwax Tech Wash and Grangers Performance wash.

Please refer to the jacket agreement for more information if you have any questions.

Kawartha Zone's E-Store

Changes:

Our Kawartha Zone Store is back up and running as of **Nov 15th**. Covid 19 Edition this year.

Additions:

This year we have added Kawartha Zone logo's – Men's and Women's

Jackets. ¼ Zipper Pull Over – CSP Kawartha Zone logo on the breast pocket and maple leaf on the nape of the neck – on the back. These jackets come in Red or Black all sizes.



Full Zipper Jackets– CSP Kawartha Zone logo on the breast pocket and maple leaf on the nape of the neck – on the back. These jackets come in Red or Black all sizes.

Zone Fun Shirt – 2020-21 Covid 19 Edition – Exciting Design.

Will be rolled out Soon! Watch Patrollers News for Details!



Please visit your Kawartha Zone E-Shop at: [CSPKawarthaZone \(myeshop.ca\)](https://myeshop.ca/CSPKawarthaZone)

Please review and get your orders in before **January 15, 2021**.



PATROLLERS NEWS

A monthly newsletter brought to you by Kawartha Zone , Canadian Ski Patrol

LESLEY'S OFF PISTE



When each season rolls around, I personally start to look back on why I joined the patrol, and I always try to see why the new recruits chose to join. Usually there are answers such as "further careers", "my kids race/ski, so I'm there anyways". For me it was a long time thought that I just wasn't sure I was ready to tackle... doing first aid scenarios and Red Cross Instructor while in university and combined with a love of outdoors and skiing seemed like a good idea, but I took years to finally talk to a patroller and make the jump.

What I never realized that would happen are the friendships made, the comradery, the experiences, and the love that I would develop for the Canadian Ski Patrol. I joined and from the first incident that I was on I was hooked on what we were doing and what we were able to do while on the hill (and with just a cravat even!). When I joined, I was a quiet patroller, enjoying the friendships being made. I have had the opportunity to attend national conferences, division training and have met people from coast to coast of Canada that all have the same love for the CSP. Years went past, and I met more people, started getting involved and found myself

growing as a person as my experiences grew. I enjoyed challenges that I and my fellow patrollers faced and currently still strive to overcome – whether it is trying to figure out how the best way to get an injured skier off the hill or how we as a zone are dealing with a pandemic.

Patrolling has encouraged me to find opportunities, be more creative in problem solving, experience and grow as a leader, and not be afraid to tackle new challenges or opportunities that are available. I took on instructing (AFA and On Snow), joined the executive, had the opportunity to be an APL, became an Instructor Trainer, joined the infamous MERU out of central zone, took on media postings, and most recently ran a successful new candidate's course for the first time (and during COVID to add an extra layer of complexity). These challenges were all able to be completed because along every step of the way I had people supporting, and encouraging me.

This is a Thank You to all the patrollers and family that I have had the pleasure of meeting, working with, and developing the fantastic and life changing friendships! You are all very special people and I hope that patrol has been able to have as positive an impact on everyone reading this as I have been lucky enough to have.

Adapting To Change - Discovering Your Resiliency Superpower (Kawartha Zone)

Wow, what a great presentation from Andrea Johnston of The Centre for Applied Human Dynamics

www.dynamics4u.com. During these Covid times it was really refreshing to hear her ideas and suggestions for coping with and understanding it. Sorry that a majority of you didn't attend and missed this opportunity. This first of its kind seminar went over very well.

Andrea has created a link for all us. So anyone that missed the presentation can view it. We thank Andrea again for putting on this presentation for us!

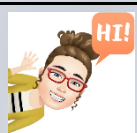
Here's the link to this workshop video on YouTube: <https://youtu.be/KzaUDrcYydU>



PATROLLERS NEWS

A monthly newsletter brought to you by Kawartha Zone , Canadian Ski Patrol

SAFETY WITH SHARI



STAY SAFE!

With all the ski resorts now opening, never before have those words maybe held as much gravity as this season. And yet, what is the first item for patient assessment in our scene survey? "Assess the scene for danger to yourself, bystanders and the patient."

We should note, especially given the fact that we are in a pandemic, that danger includes highly infectious agents. I know, pretty obvious right?

Well, let us think about that a minute. How many times have you rushed into an accident scene with a cursory scene analysis because maybe there's obvious trauma and/or you saw the incident unfold yourself? Your first thoughts are generally on how you are going to help this person because that is why we do what we do. But, this year, let us learn to just take that moment, take a breath, take fuller stock. Not just because we have to, but because we should.

In our updated protocols this year, our now second item in our scene survey is: "put on PPE".

Well, generally speaking, everyone involved should already have some form of PPE because a face covering is mandatory. But there will be situations where you will come across people that do not have a face covering on. Please refrain from jumping to conclusions as to why they may be uncovered and exhibit caution for yourself first but also remember kindness and patience with the individual involved until you get all the information. Chances are they may have needed a "breather" if injured or it may have come off during their accident. Ensure that the patient gets their face covering back in place (this may involve you having to provide one for them) and you continuing with the proper COVID screening protocols in place before treatment to keep everyone safe.

Maybe what 2020 is teaching us this year is a refresher course on what keeping safe really means. And with that I will leave you with these last words from Hill Street Blues which just seem appropriate:

"Be safe out there."

KAWARTHA ZONE'S CALENDAR OF EVENTS